

CSIDP Conference on 5 November 2018 in Brussels

Breaking it down to local and national level, encouraging examples

Panel Discussion

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Behaviours and Dependencies - Portugal



Portuguese Drug Policy

The Problem - 1998:

- Cannabis – the most used substance;
- Heroin – problematic drug use;
- Heroin + Cocaine;
- Cocaine.

Intravenous drug use (sharing of injection material) – HIV infection
Main concern of the Portuguese population.

1% of the population (\pm 100.000 problematic drug users)



Portuguese Drug Policy

The Response

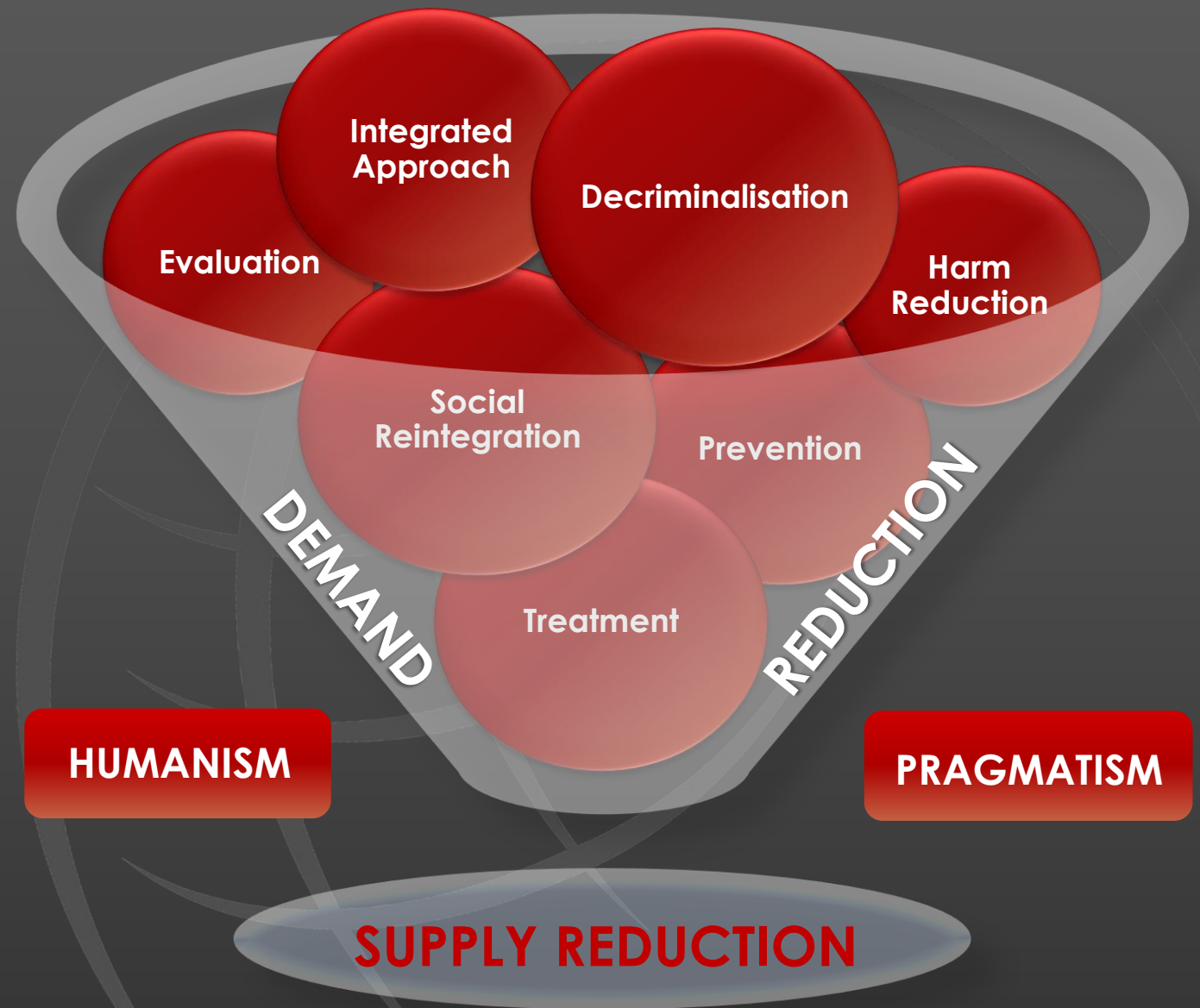
- A new strategy (1999);
- A new paradigm (Law 30/2000);
- A new intervention model;
- A National Coordination;
- A national network of intervention structures.



1999

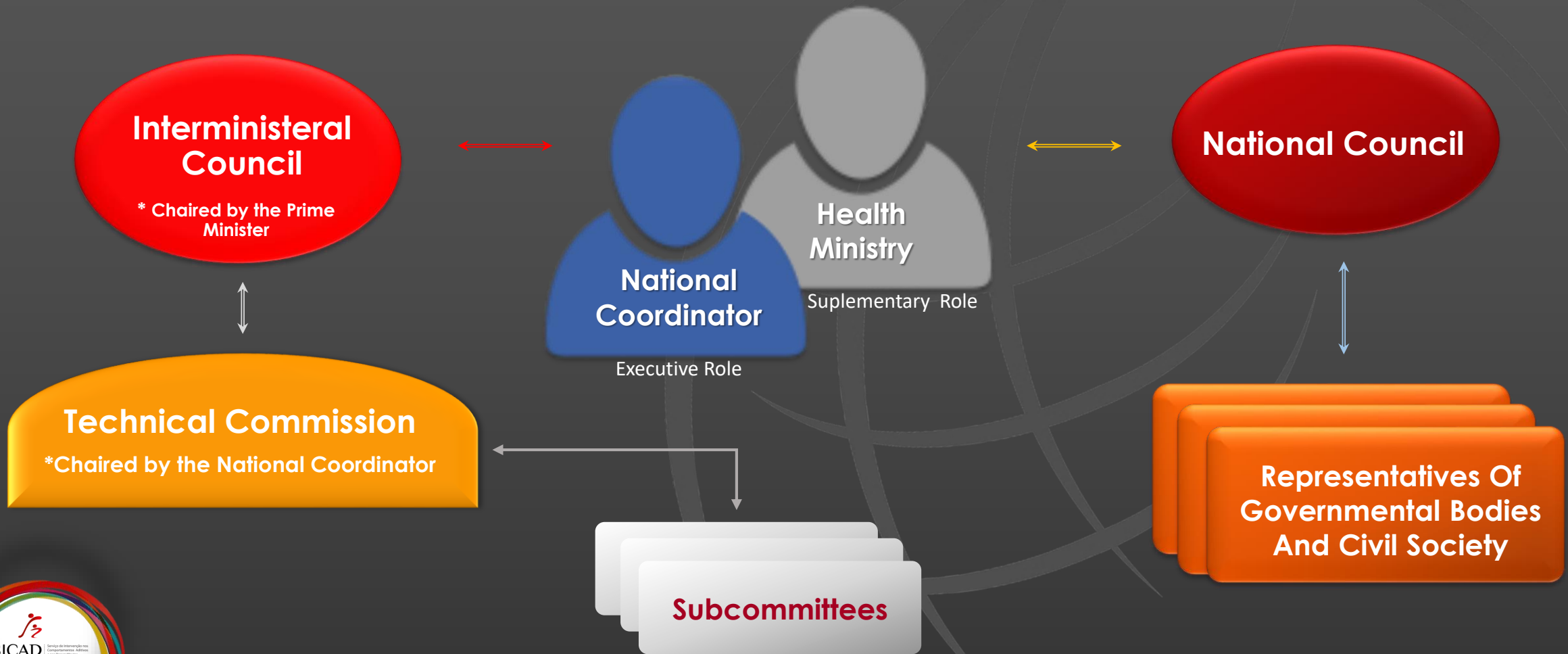
1st Portuguese National Strategy Against Drugs

Decriminalisation of drug use should be understood as one measure in the comprehensive drug policy.



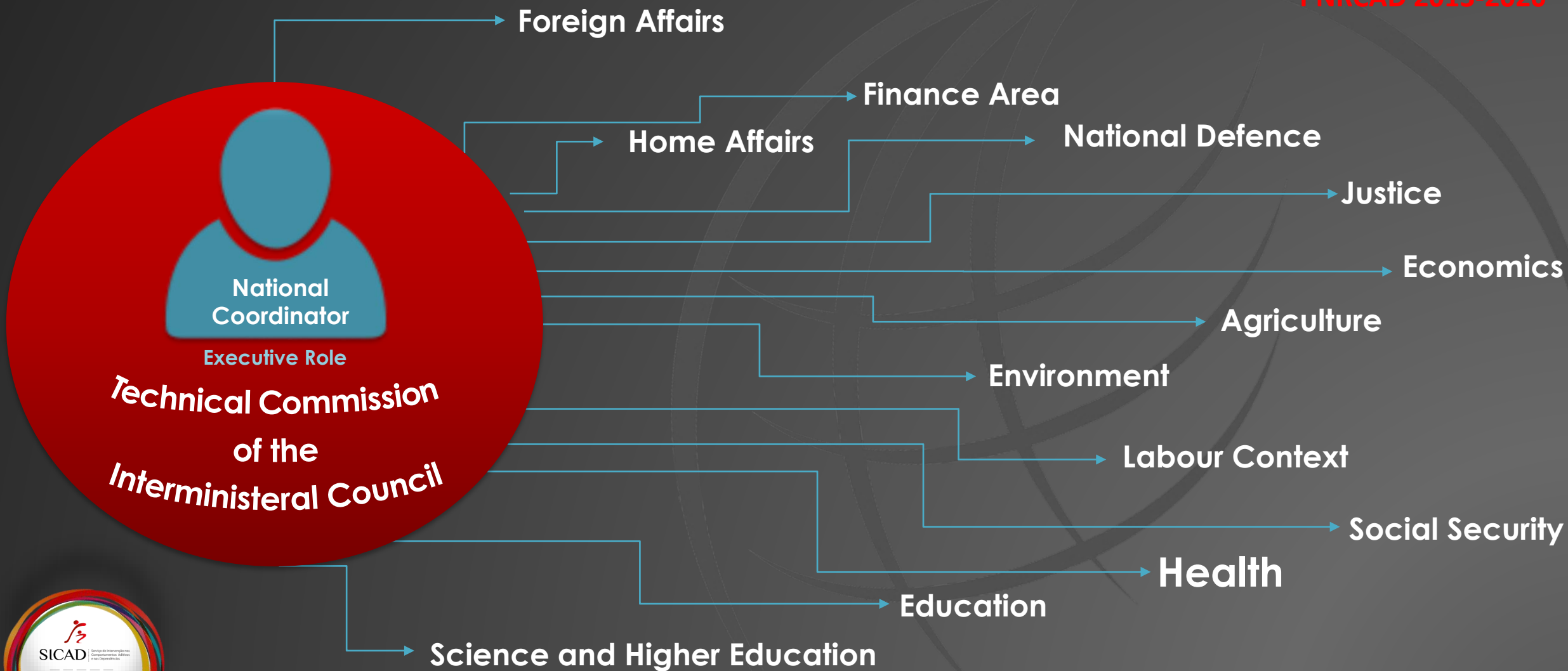
Coordination Structure

For Drug Problems, Drug Addictions and the Harmful use of Alcohol



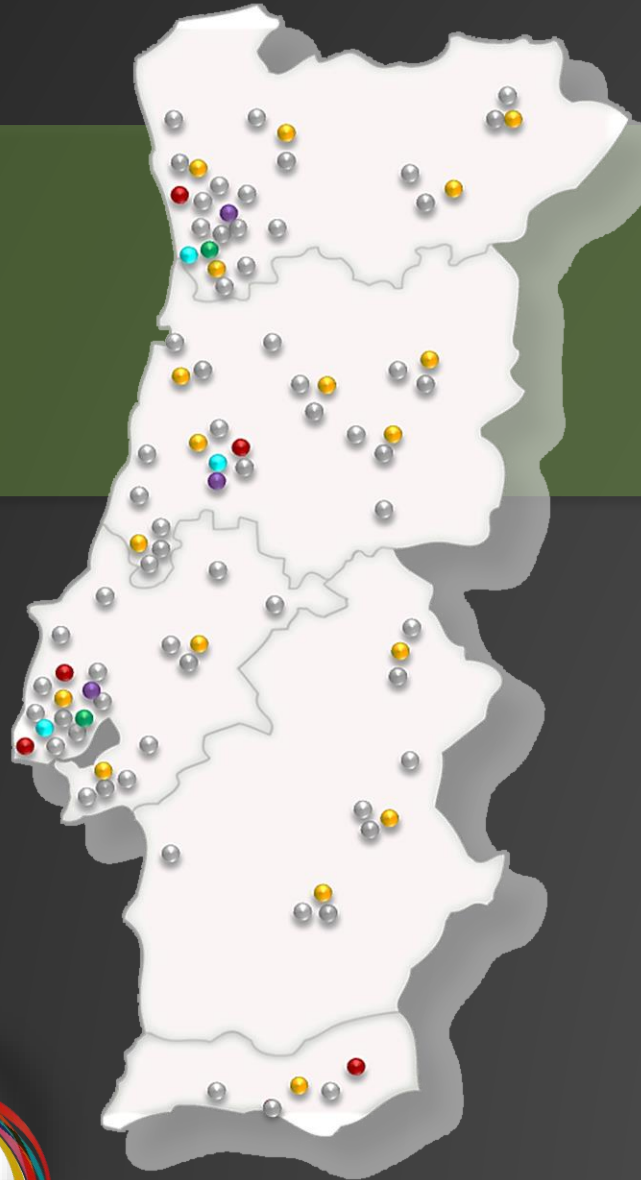
Technical Commission Constitution

PNRCAD 2013-2020



Treatment Public Network

A National Health Service



Five Geographic Areas

- 22 CRI – Integrated Units (Treatment, Harm Reduction, Prevention and Reintegration)
- 45 - Drug Treatment Teams (and 32 more outpatient units)
- 3 CT – Therapeutic Communities (56 places +1516 places agreed)
- 4 UD – Detoxification Units (44 beds +75 beds agreed)
- 2 CD – Day Centers
- 3 UA – Alcohol Units (with Outpatient and Inpatient Care)
- 18 CDT – Commissions for the Dissuasion of Drug Addiction





Structure of The National Plan

PNRCAD 2013-2020

Research And Information

Training And Communication

International Relations And
Cooperation

Quality

Demand Field:

- Life Cycle
- Contexts
- Types of Interventions

Supply Field:

- Illicit Drugs And New Psychoactive Substances
- Alcohol, Medicines and Anabolisers
- Gambling

Operation Plan For Integrated Responses

Referral Network / Articulation In The
Framework Of The Addictive Behaviours
And Dependencies

Portuguese
Alcohol and
Health Forum



COORDINATION (Interministerial's Plan)

Budget

Evaluation



Operational Plan for Integrated Responses PORI

The Operational Plan for Integrated Responses (PORI) is a structural measure, at national level, that promotes **accurate assessments** and the development of integrated interventions at local level (territories).

PORI obeys to sequential phases and is achieved through the implementation of Integrated Responses Programs (PRI).



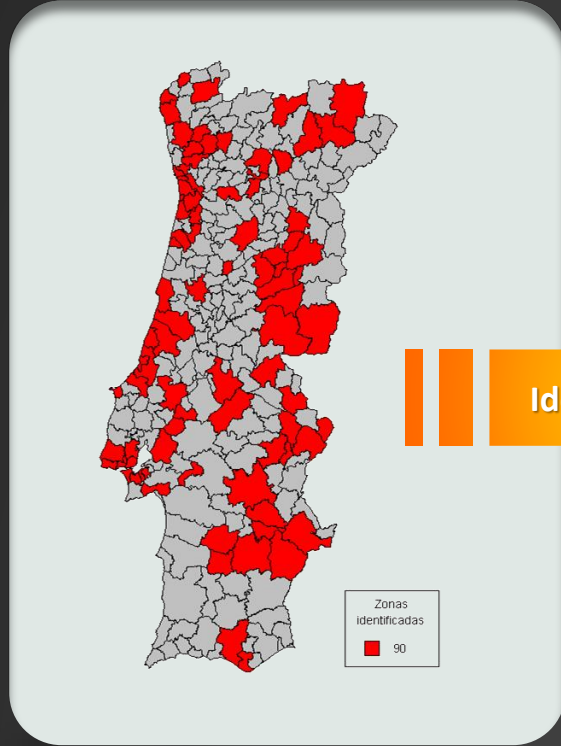
P O R I
plano operacional de respostas integradas



Phase 1: National Diagnosis

Identification of Areas

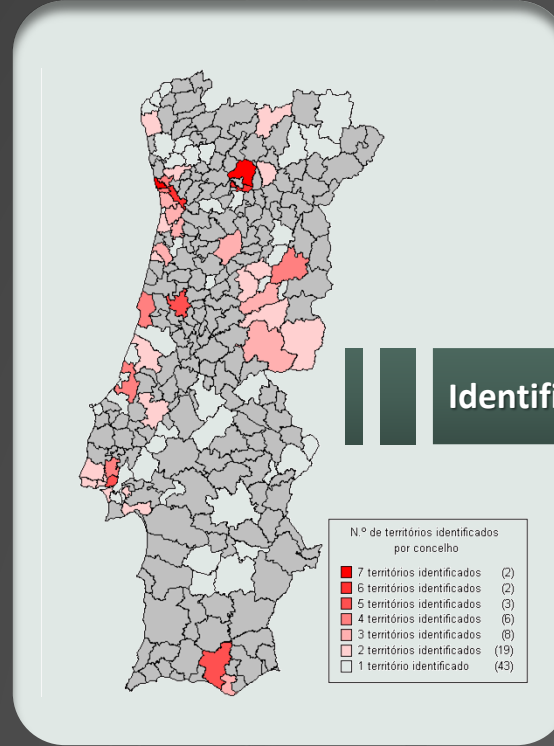
90 municipalities identified with the existence of problems associated with risk factors and situations



Identification of Areas

Identification of Territories

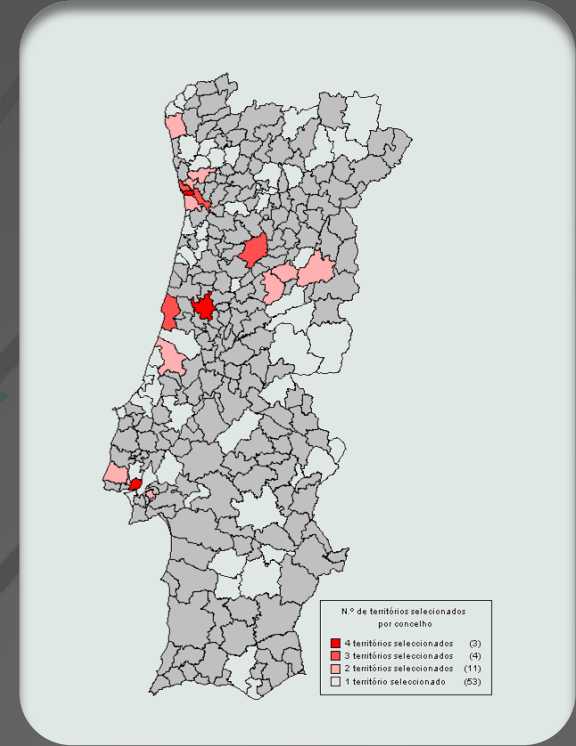
163 identified territories spread over 83 municipalities



Identification of Territories

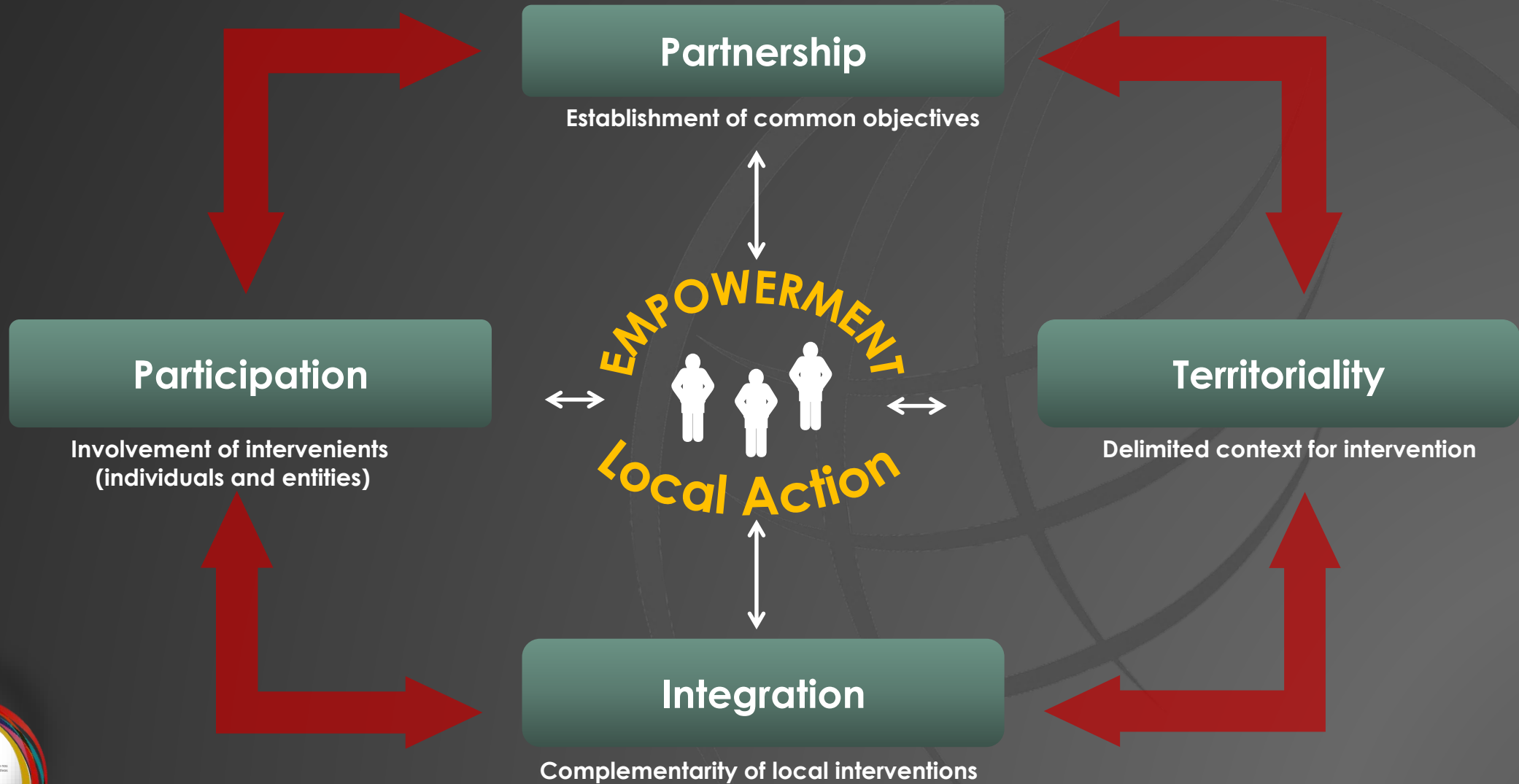
Selection of Territories

92 selected territories distributed by 71 of the 278 Municipalities of Portugal



Diagnosis that started from a macro analysis, at the regional level, until identifying 163 territories, of which 92 were selected for intervention.

Strategic Principles Against Social Exclusion



Phase 2: Diagnosis of the territory



Reorganization of local responses to cover needs

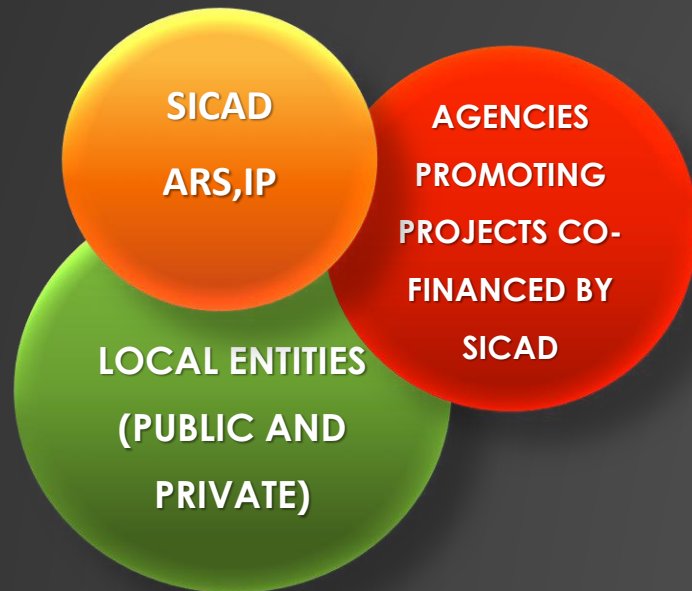
Open calls for tenders for financing interventions to cover unmet needs



Integrated Response Programs - PRI

The PRI is a territorial action program that integrates interdisciplinary responses (prevention, treatment, harm and risk reduction and reintegration) following the diagnosis of a territory identified as a priority

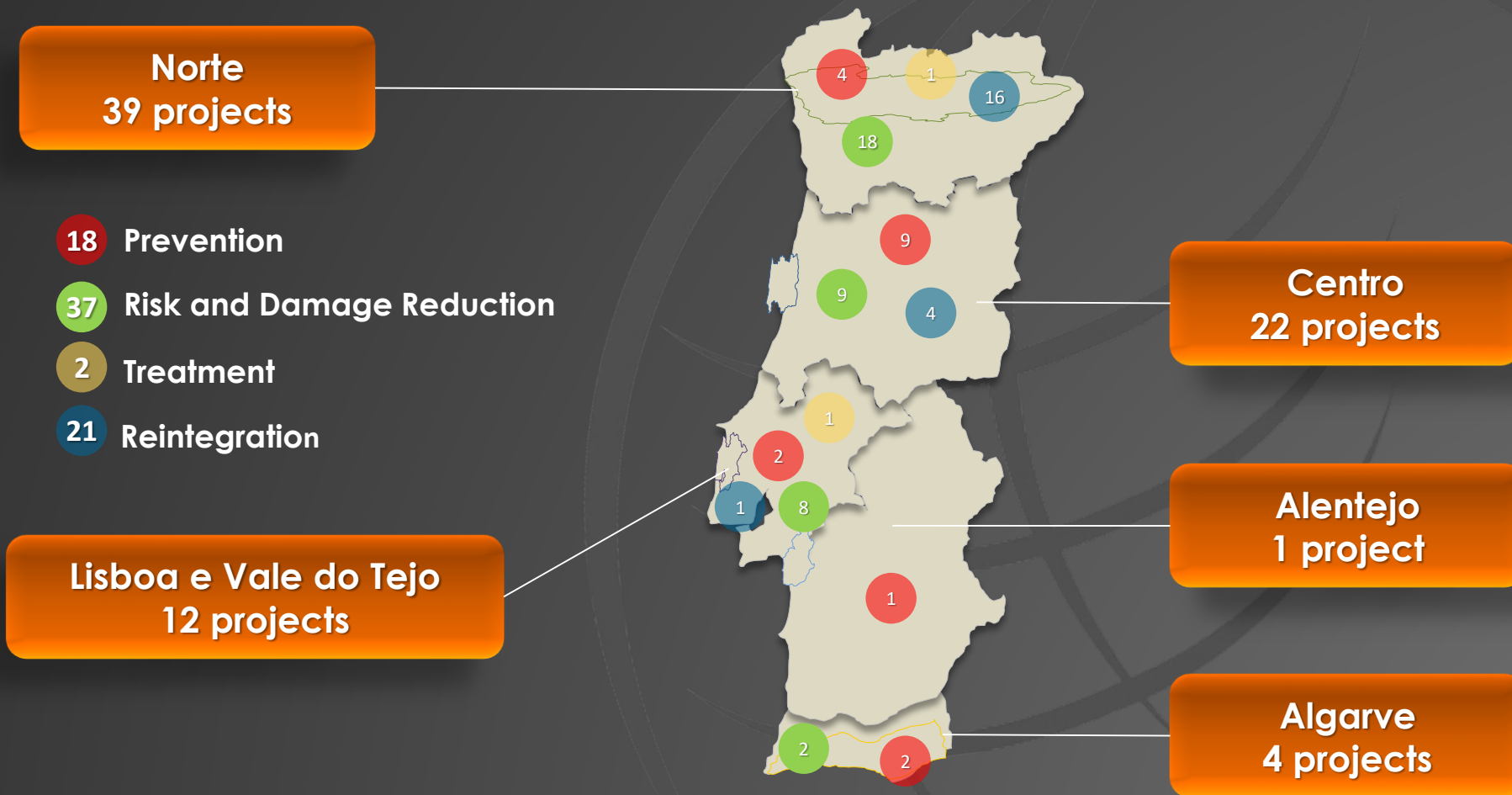
ENTITIES THAT CONSTITUTE PRI



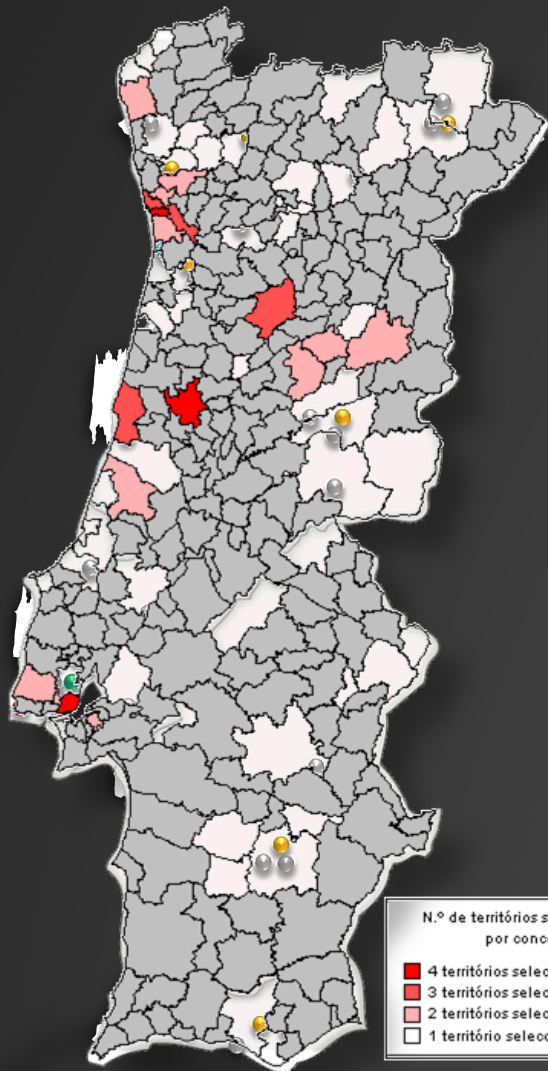
TYPES OF INTERVENTION



PORI: projects co-financed in 2017



National Assessment



92 selected for intervention

163 territories identified

896 entities involved

Ministry of Education

Social Security

Security Forces

Autarchies

Health Institutions

Public Employment Agencies

Professionals

Non-Governmental Organisations

Local Network

Social Reintegration Institute

Local Administrative Authorities

Schools

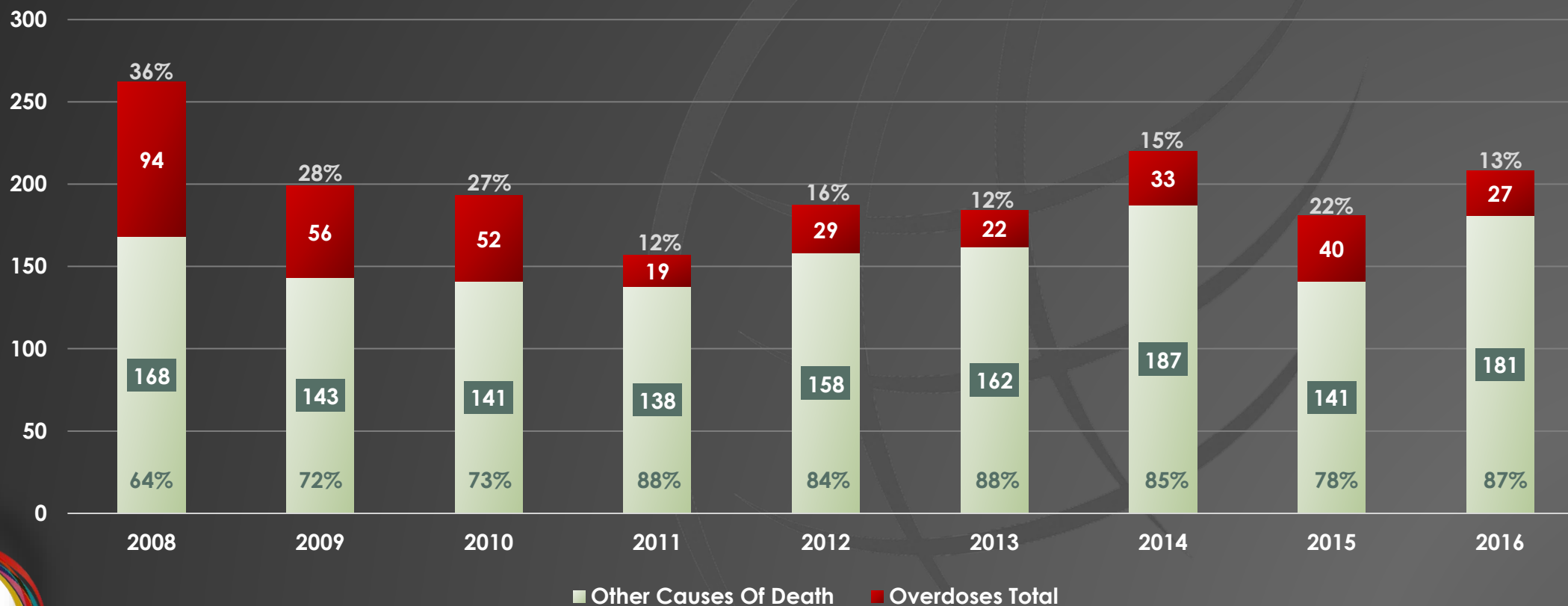
Health Regional Administrations

Child Protection Agencies



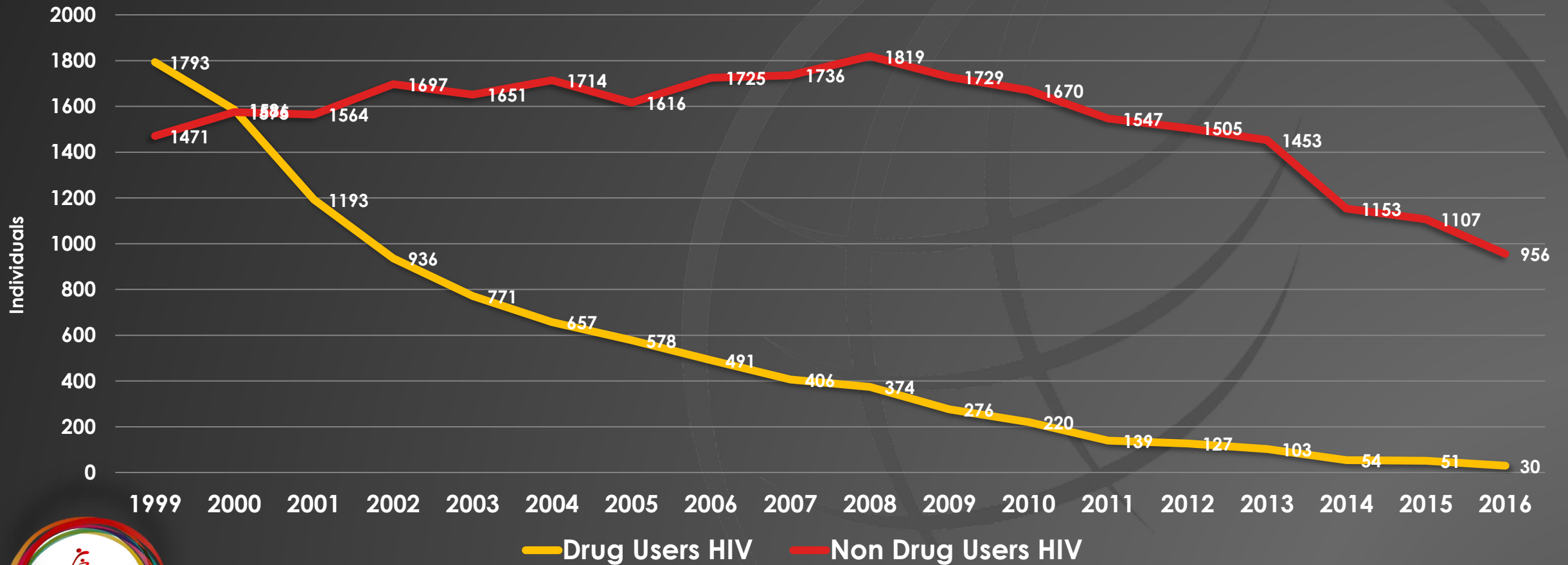
Reduction of drug-related deaths

Evolution of cases with information on the cause of death
2009-2016



Source: ARS, I.P. / SICAD: DMI – DEI

HIV notifications: Cases associated or not to drug addiction by year of diagnosis 1999-2016

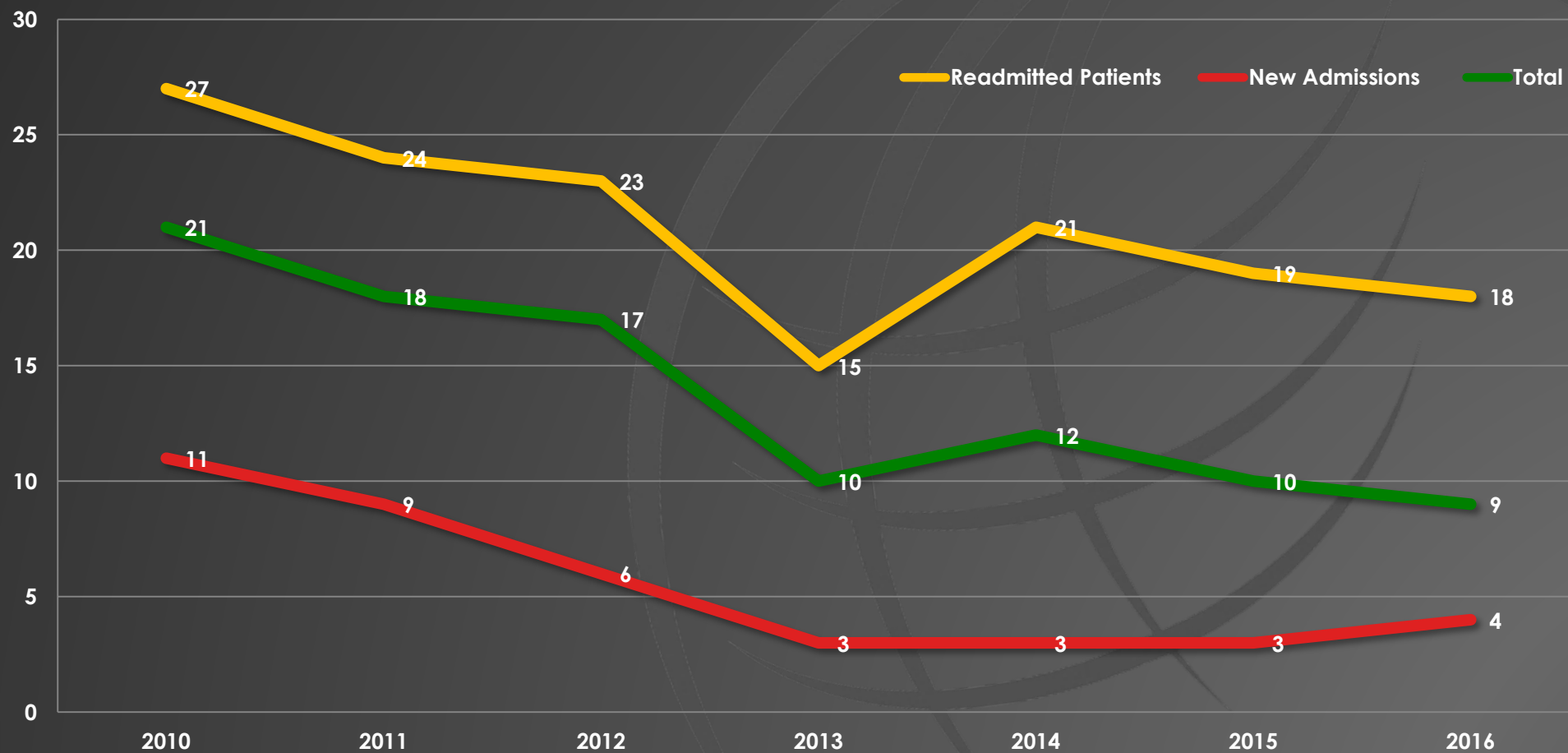


Source: Instituto Nacional de Saúde Doutor Ricardo Jorge, I.P. (INSA, I.P.); DDI - URVE / SICAD: DMI - DEI.



New admissions: Use of IV route in the past 12 months, by year

Public Network of Outpatient Services (Portugal Mainland) 2010 - 2016

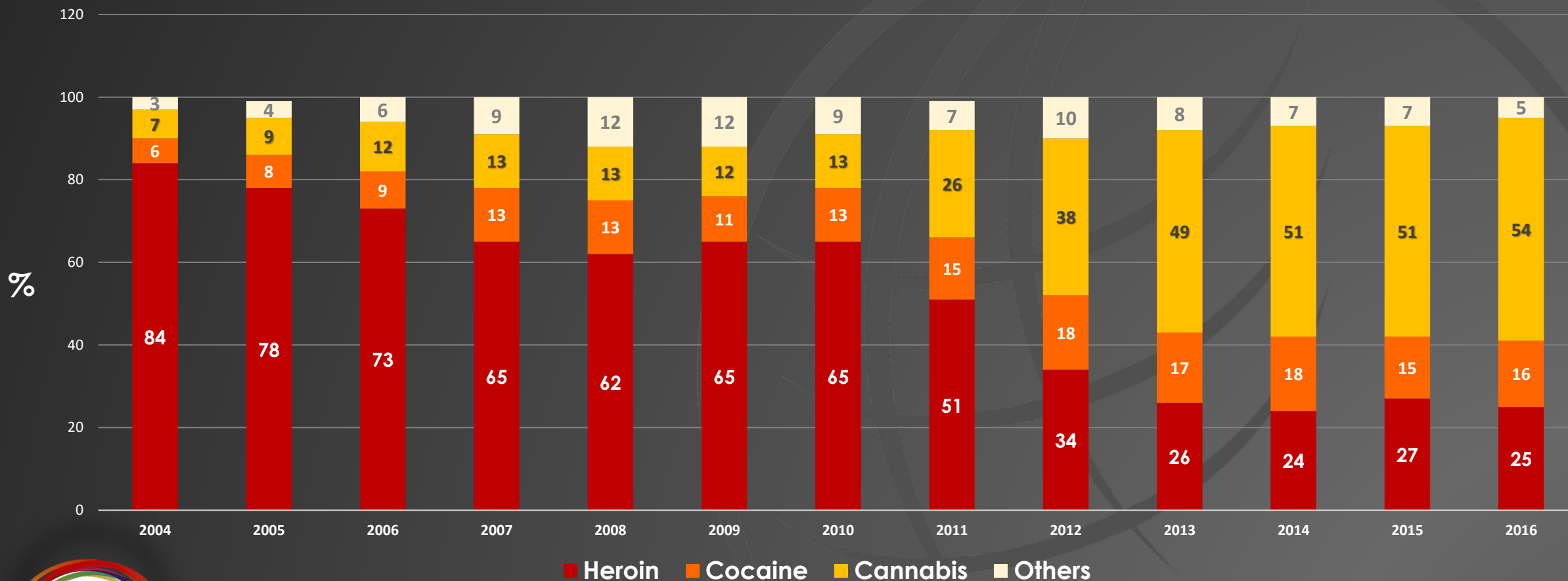


Source: ARS/SICAD



New Users - Main Substance

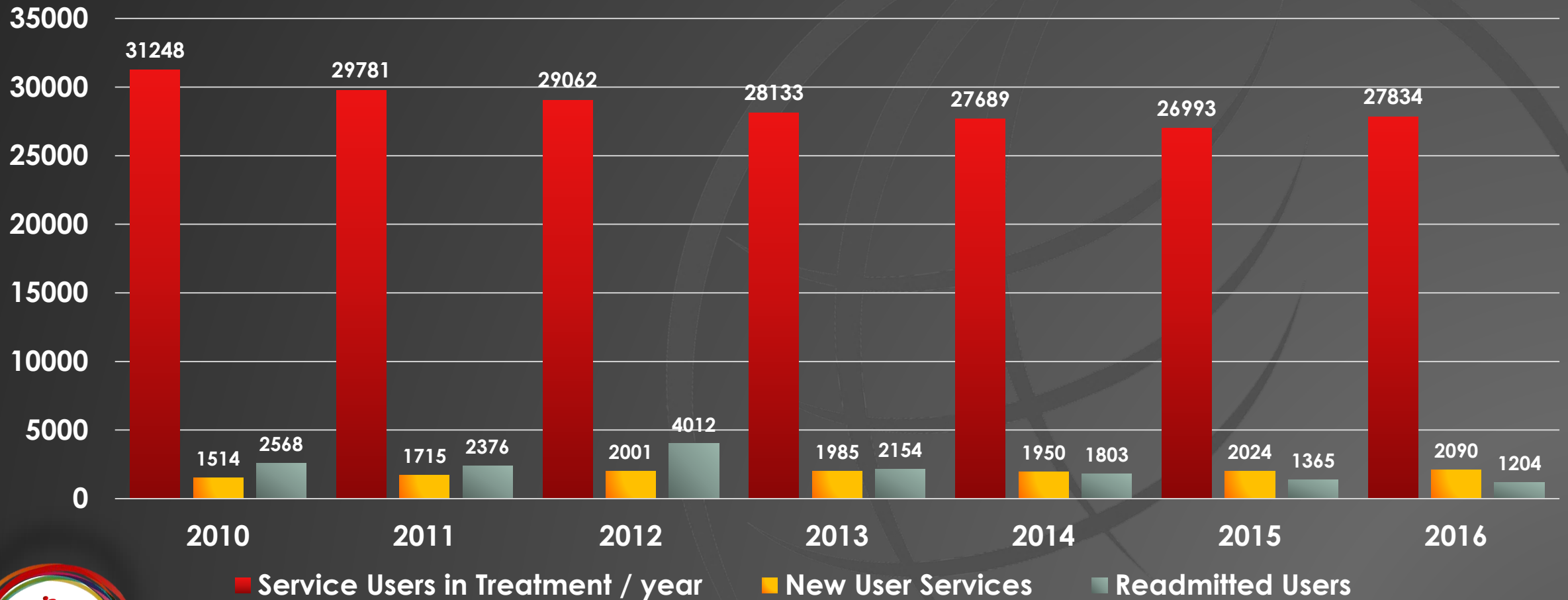
Ambulatory - Public Network 2010 - 2016



Source: ARS, I.P. / SICAD: DMI – DEI

Service Users: in Treatment in the Year *, New ** and Readmitted

Public Network - Ambulatory



Trends since 2001

Small increases reported on illicit drug use amongst adults

Reduced burden of drug offenders on the criminal justice system

Reduction in opiate-related deaths and infectious diseases

Increase in the amounts of drugs seized by the authorities

Reduction in illicit drug use among adolescent, since 2003

Reduction in the prevalence of injecting drug use

Reduced stigmatization of drug users

Reduction in the public burden caused by drugs



Our Mission

Promote the reduction of use of psychoactive substances, the prevention of addictive behaviours and the decreasing of dependencies.



Thank you!

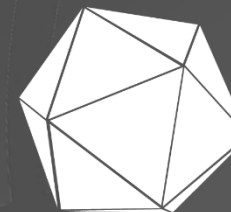
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LISBON ADDICTIONS 2019

Third European Conference on Addictive Behaviours and Dependencies

Save the date!



 23 – 25 October 2019

 Lisbon Congress Centre, Portugal

 www.lisbonaddictions.eu

 #LxAddictions19  

